

P.S.

THE LITTLE BOOK OF POSTSCRIPTS

By Room 206

Room 206 (PTY) Ltd
A writing and media hub of joy

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Original publication in English, eBook format September
2021 © Room 206

Published by Room 206 (PTY) Ltd

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ISBN 978-0-620-96282-7

Designed by Lelani Orffer & Ashley Vieira
www.anio.design

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reproduced, stored in a retrieval system, or transmitted by
any means in any form, electronic, photocopying or
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consent of the publishers and authors.

For the Joy Seekers. And, the Universe.

**This one's for the sticky-note hustlers,
the midnight thinkers,
the note-to-selfers,
the fridge-door-openers
and the illuminated Ones
that seek out hope and humour
between the madness.**

postscript

/ˈpəʊst.skript/ (pronounced POZE SK RIPT)

(n) a short and oh so sweet remark or message added to the bottom of a letter after you have signed your name. Dates back to the 16th Century.

Originally intended for almost forgotten 'I Love You's' but expanded to include any afterthought, really, that would do justice to the heart, mind, body and soul.

Preceded by the abbreviation P.S. this little pocket filler is packed with all the gems.

Once upon a P.S.

This is not a book of afterthoughts.

This is a keepsake of hope, happiness, go-get-ems and don't-you-ever-let-anybody-kill-your-sunshine-ever-again.

Experience two hundred and six daily P.S. posts from smart and sassy South Africans that wanted to give a little something, for a lot of good.

Thanks to the Gram, the Comp and a small shout out with a lot of shout backs, the little book of postscripts was born. Ah yeah!

A pocket-size treasure of the coolest, craziest and funnest daily inspirations to get you going, glowing and #tagging your day.

Published by us – Room 206.

Made by you.

Ready to rock.

Show some love: *don't forget to tag us @room206writing when you find your P.S. or a P.S. that really makes your day / week / life / decade!*


P.S

Quitting
is **not** an
option

@lenisebuchner



p.s.



HAVE A SLICE
OF CAKE
TODAY, BECAUSE SOMEWHERE
IT'S SOMEONE'S
-BIRTHDAY-



@tylerjkortje

P.S

Be the reason
someone smiles today.

@artzcafe_shelleyfuhr

p.s

TURN YOUR
WOUNDS
– INTO –
WISDOM

@leegibs

P.S

It's not how it ends,
it's all the chapters
in between...

keep reading...

@lyn.mansour

p.s

LISTEN UP...
YOU MAY LEARN
SOMETHING

@helencox55

پ.س

CLOSE YOUR HEART
TO OLD ENDS
& OPEN YOUR HEART
TO NEW BEGINNINGS

@nabeelahhajat

P.S

*Not all
stories start
in books*

@lenisebuchner

P.S

Journal
to set your
mind free

@hajra_m_

P.S

Alone
we can do
- so little -

Together
we can do
- so much -

@tania_mosea_lady_tatiana

P.S

SOMETIMES

YOU

FIND

YOUR

FREEDOM



WHEN

LIFE

TAKES

AWAY

YOUR

WINGS

@rowena_fortuin_98

ps

**LIVE LIFE
WITH THE SAME
SERENITY YOU
FEEL WHEN
SITTING DOWN
TO READ YOUR
FAVOURITE BOOK.**

@tylerjkortje

P.S

Be Kind
to your
Sinner
Child

@miss_mar_yum

P.S



IT'S NOT THE END
OF THE BOOK,
JUST THE BEGINNING
OF A NEW CHAPTER



@irene_saunders

p.s

VIBRATING
×ON A HIGHER×
FREQUENCY

@hlatse_thegreat

P.S

YOU'RE NEVER
TOO OLD FOR
HIDE & SEEK



@welladr13



p.s

**CREATIVITY
ISN'T RESERVED
FOR THE SELECT FEW
—
OUR GIFTS ARE
JUST DIFFERENT**

@isabelcrause_watercolourist

P.S

Great
Things
Take
Time!

@andisiwe_sopapaza

ps



YOU'RE ONLY GIVEN
A LITTLE SPARK OF
MADNESS AND MAGIC
DON'T LOSE IT



@lil.mo82

P.S

LET LOVE
LEAD THE
WAY

@andisiwe_sopapaza



P.S.



**What do you call
a friendly noise?**



A sound wave



@tegan.marais

P.S



BLOOM
WITH ABSOLUTE
GRACE

@tylerjkortje

P.S

Write yourself
to emotional
freedom.

@hajra_m_

P.S

Keep
going &
glowing

@hlatse_thegreat

P.S



HAPPY

WITH YOURSELF

YOU ARE UNIQUE

@nabeel.sheik.13

ps

**you're the
am to my fm,
the analogue to
my digital, the black
to my white and all the
grey fuzz in-between.**



@lulularche

P.S

NO MATTER WHAT

Stay
hydrated

@sphehleh.mchunu

P.S

REMEMBER TO
CLOSE THE DOOR
ON NEGATIVE
SELF TALK TOO!

@hlatse_thegreat



p.s.

Your
- progress is -
Unique

@tylerjkortje

P.S

SOMETIMES

YOU

WIN

SOMETIMES

YOU



LEARN



@miss_mar_yum

P.S



**TODAY YOUR
COURAGE
WILL COME
ROARING
UP TO MEET YOU**

@koeksistermentality

P.S



*Nap it
away*

@andisiwe_sopapaza



P.S.



Don't be
◦ in a ◦
Hurry
to know
what comes
Next
x x x x x x



@hajra_m_

P.S

The next
CHAPTER
IS WAITING
TO BE LIVED IN
FULL BLOOM BY
You!

@skylarstella

P.S

DANCE
To the
MELODY
of your
HEART



@hajerahajat



p.s.

Happiness
is a thought
away.



@ahmed_bhikhoo11

P.S

**HARD
WORK
LEADS TO
SUCCESS**

@nabeel.sheik.13



**If you want to be
irreplaceable,
add value.**

@hlatse_thegreat

P.S



You can't start the
next chapter of
your life if you
keep re-reading
the last one.

Keep going!

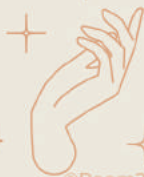


@harrietsofire

P.S



THE CENTRE
OF YOUR BEING
IS PURE LIGHT



@welladr13

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©Room206


P.S



@leegibs

P.S





**Your existence
makes a positive
difference,
whether you see
it or not** 



@andisive_sopapaza

P.S



MAY THE NEXT
CHAPTER BE
THE BEST ONE
YET

@hlatse_thegreat

ps

THE WORLD IS FULL OF KIND PEOPLE. IF YOU CAN'T
FIND ONE, BE ONE.

@sphehile.mchunu

P.S

prove

them wrong ♡

@miss_mar_yum

P.S

THE REST IS

STILL

unwritten

@tylerjkortje

P.S

MEET ME AT MY LEVEL OF
VIBRATION

@hajra_m_

P.S

Head up.
Stay strong.
Move on.

@miss_mar_yum

P.S

You are not afraid of new love, you are afraid of old pain



@andsiwe_sopapaza

P.S

don't be
sad
there's always a
beautiful
tomorrow



@nabeel.sheik.13

P.S

Every Once
in a While
a Girl Needs
to Reinvent
Herself

@hajerahajat

P.S

What's
• for •
Dinner?

@deliciamoraleda

P.S

IT'S

TIME

to

LOSE

the

weight..

of

other people's

OPINIONS!

@zakkiyahhajat

p.s

keep it
SWEET
xxx 

@artist.karenharkema

P.S

you are still
MY FAVOURITE
bedtime
STORY

@irene_saunders

P.S

YOUR
LEAVES NO ROOM
FOR
LAUGH
DOUBT

@koeksistermentality

p.s

I WANNA BE YOUR

favourite

HELLO

AND YOUR

hardest

GOODBYE

@lenisebuchner

p.s

Decide if You're

— WORKING —
TOWARDS PROFIT

LIVING YOUR PURPOSE

or

★

@naidooshaina

P.S

THE WAY YOU VIEW YOURSELF
will always outweigh
THE WAY THE WORLD VIEWS YOU,
you are the poem
THAT NEEDS NO WORDS,
you **turn** heads of the **artists**
THAT ARE TRUE BEHOLDERS
of **your poetic beauty.**
YOU ARE THE APEX.

@t_buuuuu

P.S

**DON'T
LET
THE
DREAM
DIE**

@courtneytink

p.s

DON'T LISTEN

to

★ what the ★

HATERS SAY

.....

YOU ARE

BEAUTIFUL

KEEP SINGING

.....▶ to ◀.....

YOUR OWN SONG

@tegan.marais

p.s

Be nice.
Be cool.
Be lekker.

@lenisebuchner

p.s

LET **HISTORY**
record **THIS**
THAT ON this
day YOU BECAME
LEGENDARY
THAT today YOU
DARED TO
be YOU

@sisostyles

P.S

*You're already
full of
potential*

@hlatse_thegreat

P.S

Frequency set to



love

@lulularche

P.S

• WHAT YOU •

GIVE

IS WHAT YOU

GET

@nikiwe.nikki

P.S

the
Elevator
to success is
Out of order

You'll have to use
the
Stairs
One step at a time

@patsyi.mackriel

P.S

I've done
This
BEFORE

@9th_avenue_films

ps

Let Your
SOUL
Lead the
Dance of Life

@shannontollman

p.s

A LITTLE CHILL
ADDS A LITTLE FRILL
to the seams of your
MIND
HAVE A REST
DARLING

@_charliexo

P.S

≡ YOU'RE ≡
Awesome



@tristwin

p.s

Stay
in the
light

@hlatse_thegreat

p.s

better Late than
Never

@waseem_akoon

P.S

YOU MISS
100%
OF THE
SHOTS
YOU DON'T
TAKE

@liezl_greyling85

P.S

TUNE INTO YOUR

INTUITIVE MIND

TUNE OUT THE

NOISE

@skylarstella

P.S

**DON'T RUIN
TODAY
BY THINKING ABOUT
YESTERDAY**

**TURN THE
PAGE**

&

MOVE ON

@leegibs

P.S

Soak Up the Sun.

Breathe in the Fresh Air

and

Enjoy Every

Moment

in Each

Chapter of Your Life

@tylerjkortje

P.S

Just go for it!

@nasreen_essa

P.S

there
is a
Past
Version
of you that
is so
proud
of how
far you've
come

@welladr13

P.S



When



YOU **FREEZE**
—
YOUR **FEARS.**

YOUR **POSSIBILITIES**



Defrost

@lenisebuchner

P.S



*Instead of Giving
a Sermon for
Someone to Hear,
be a Living One
for Someone to See.*



@bestenbiero

P.S

your
Attitude
determines
your
Direction

@tania_mosea_lady_tatiana

P.S

HAPPINESS
INCREASES
WHEN IT'S
SHARED

@miss_mar_yum

P.S



Be a
magnet for

CHANGE

@altaktonder

P.S

let's
Soar Beyond
these
SOres

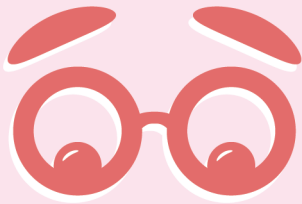
@callmekk_s

p.s

Match
the
Frequency
of the
Reality
You Want

@hlatse_thegreat

P.S



Your Eyes
Will Never See
The Same Again

@thebookwormbuddy

P.S



Never
Underestimate
the **Power** of
FRIENDSHIP
&
CHOCOLATE

@marivanrensburg4

P.S

It's not
Too early
to **FORGIVE** and
It's not *too late*
to **APOLOGISE**
Acceptance
IN
Anger
OUT

@skylarstella

P.S

Embrace your Shadows

@hlatse_thegreat

P.S

Write Not to
convince
But to allow to
feel.
What Flows, Flows

@zee_moonchildgalaxy

P.S

Nourish
YOUR
SOUL

@hajra_m_

P.S



Keep Reading
The best part
is
yet to come

@irene_saunders

P.S

Love
yourself
for who you are,
and trust me,
if you are happy
from within, you are
the most beautiful
person, and
your
smile is your
best asset

@ja9.brothers

P.S

Being

PRESENT

is the

BEST GIFT

you can GIVE to

YOURSELF & OTHERS



@skylarstella

p.s

Remember
that you are
Joy & Love

@welladr13

p.s

DON'T

OVERTHINK

IT

@miss_mar_yum

P.S



WHEN YOU
Smiled at Me,
— I knew —
FOR SURE

A decorative flourish consisting of two blue-to-orange gradient curved lines with a central blue dot below them.

@koeksistermentality

P.S

You are
EYE CANDY
+
Soul Food

@miss_mar_yum

P.S

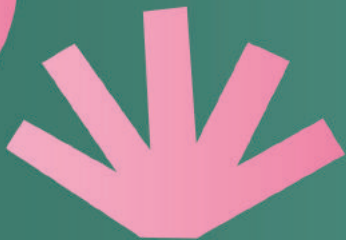


Save
THE
bees



@tyraabear

P.S



*small conscious
changes are
better than none
at all*



@janishaharie

p.s

TODAY, I CREATE

NEW THOUGHTS,

BETTER THOUGHTS,

GREATER THOUGHTS

THAN I DID YESTERDAY

@welladr13

p.s

FIND YOUR
PURPOSE
& MAKE AN
IMPACT

@lenisebuchner

P.S

if we weren't meant to
HAVE MIDNIGHT SNACKS,
why is there a
LIGHT IN THE FRIDGE



@liezl_greyling85

P.S

Everyday ✨

IS A NEW DAY FOR YOU TO HIGHTEN
• THE CLIMAX YOU THINK YOU HAVE
REACHED. SUCCESS KNOWS NO
BOUNDARIES. NEVER SETTLE.

never stop.

@t_buuuuu

p.s

WRITE
YOUR
OWN
STORY

@patsyi.mackriel

P.S

LISTEN TO THE
FREQUENCY OF
YOUR HEART NOT
THE VOLUME
OF YOUR
HEAD

@marivanrensburg4

p.s



**START EACH
DAY WITH
A GRATEFUL
HEART**

@welladr13

P.S

Put your rage
on the page and
manifest magic!

@skylarstella

p.s

YOU
BRODO
YOU

@sapna_naran

ps

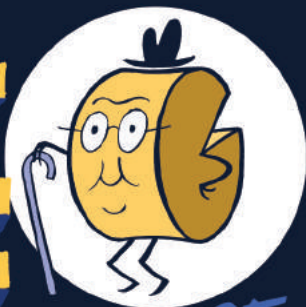
CARRY

on
READING

@foco_poetry

P.S

AGE



IS OF IMPORTANCE
-NO-

unless you're

a CHEESE

@patsyi.mackriel

p.s

We are all living a hidden
story so let's be compassionate
towards the next person

@hajra_m_

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©Room206

p.s

DON'T

DO IT

GIRL,

DON'T



@sapna_naran



p.s.



*never
stop
craving
life!*

@irene_saunders

P.S

RISE AGAINST THE CRUEL

walk away
from the crazy and

embrace the

BEAUTIFUL

@candiceburnett1

p.s

Fridges
have lights

so I can eat at

midnight

@salehadesai7

P.S

YOU ARE

ON

MUTE

@circleofcoaches

P.S

I get through everything,
I just gotta write the pain
down first.



@andisiwe_sopapaza

P.S

IF YOU GET,
GIVE
IF YOU LEARN,
TEACH

@tania_mosea_lady_tatiana

P.S

HAPPINESS
IS NOT BY
CHANCE,
BUT BY
CHOICE

@tylerjkortje

P.S

**NOBODY'S LIFE
IS FILLED WITH PERFECT
LITTLE MOMENTS.**

@stustesia_1

P.S



**YOUR
BIGGEST**
COMMITMENT MUST
ALWAYS BE TO
YOURSELF



@davidaaalexis

P.S



YOU

Light UP

WHEN YOU GET THE
CHANCE TO

Open up

@shannontollman

p.s



**VISUALISE
THE LIFE YOU
WANT TO
CREATE**

@andisive_sopapaza

P.S

WHEN IT'S ALL
SAID AND DONE,
*how you love you is what
matters.*

@sisostyles

p.s

**don't
give up
just
yet**

@dauidaalexis

P.S



YOUR SOUL
IS READY

to
dance

@lil.mo82

P.S

closed doors

ARE SOMETIMES A BLESSING

@hajra_m_

ps

**YOUR FLAWS MAKE YOU.
ONCE YOU HAVE ACCEPTED
THEM NO ONE CAN USE IT
AGAINST YOU.**

LOVE YOURSELF FOR WHO YOU ARE

**REMEMBER NO
ONE IS PERFECT**

@nabeel.sheik.13

P.S

Seek beauty, seek joy,
seek what most inspires
you, what touches your
soul heart strings
and let it flow.

@welladr13

p.s

YOU'RE
DOING **SO
MUCH**
BETTER 
THAN YOU THINK.

TRUST ME

@courtneytink

P.S

do you
feel that?

that's my
LOVE
for you

@_charliexo

P.S



ALLOW THE DIVINE IN
YOU TO GUIDE YOU.

ONE SMALL STEP IN THE
RIGHT DIRECTION IS
A BIG STEP OVERALL

@drhemakalan

P.S

negativity

can only affect you if you're
on the same frequency...so

**vibrate
higher**

@lil.mo82

P.S



DON'T FORGET

YOUR PANTIES



@natashfracchiolla

P.S

-
**WORDS MATTER
LEAST IN SHOWING
SOMEONE HOW
MUCH YOU CARE**
-


@hajerahajat



P.S.



**THE ONLY THING
YOU CAN'T DO
IS NOTHING**



@candiceburnett1



p.s

**YOU'RE A SUNFLOWER.
FACE THE SUN.**

*Bloom in all its
radiance*

@crecre_m

p.s

**YOU'VE
MADE
IT THIS
FAR**

@nabeelahhajat

P.S



Don't make friends with the 
office cat,
he'll eat your entire tuna sandwich
and leave the tomatoes behind. 
welcome to the team.



@ruanmyburghfilms

P.S

Feed your
body, mind
and spirit

@deliciamoraleda

p.s

TUNE
INTO
I LOVE
YOU

@tcabion

P.S



LIFE IS A
JOURNEY OF
UNCERTAINTIES

EMBRACE YOURSELF
FOR UNEXPECTED
POSSIBILITIES

@nabeel.sheik.13

P.S

*The word we
were looking
for is
elusive*



@koeksistermentality

P.S



SELF CARE & CHILL

@hlatse_thegreat

P.S

KEEP THINGS

COOL



@deliciamoraleda

p.s



**YOUR
BREAKTHROUGH
IS COMING**



@andisive_sopapaza

P.S



This is your daily reminder

Believe in yourself! You've
got this!

OK

@welladr13

P.S

Life
is like a
BOX
of
Tunes

@kim.y.blom

P.S

It's
What's on the
Inside
that
Counts

@marivanrensburg4

P.S.

*TELL IT
Like iT is*

@altaktonder

p.s

~ STEREOTYPES ~

to the
LEFT
— of me —
INSPIRATION
to the

~ **RIGHT** ~
{ HERE I AM }

@kalaeidoscopeofaloha

P.S



TAKE CARE OF
YOURSELF AS WELL

@liezl_greyling85

P.S

Smile
YOU ARE
absolutely
PERFECT

@welladr13

P.S

Sometimes
Being Last
Means Getting
Better
Keep Going

@zee_moonchildgalaxy

P.S

WRAP
YOURSELF
+ IN
FAITH,
LOVE
&
GRATITUDE

@andisiwe_sopapaza

P.S

Wake Up &
discover
THE treasures
found
when your
thoughts
meet pen
& paper

@nthabisengc

P.S

I woke
& my life
became poetry

@lenisebuchner

p.s

THE BLANK SPACES

between words

GIVE

YOU

TIME

TO

BREATHE

DON'T RUSH YOURSELF

@irene_saunders

P.S

Give
off Main
Character
Energy
Everyday,
In Everything
You Do!

@tylerjkortje

P.S

Whenever
You Feel Down
Refer Back
To That
One Chapter
In Your Life
Where
You Were The Happiest
And
Relive It,
The Magic
Never Ends

@t_buuuuu

P.S

What's
Your
Story?

@altaktonder

P.S

THAT SMILE LOOKS



GREAT ON YOU

@miss_mar_yum

P.S

Rather Be an
"Oops"
Than a
"What If?"

@nasreen_essa

P.S



== ♦ Fill up on ♦ ==
GOOD FOOD
GOOD VIBES
&
GOOD PEOPLE
♦ ♦ ♦ ♦ ♦ ♦ ♦ ♦

@irene_saunders

P.S

Sometimes
* Things *
Get Worse
Before
They Get Better

@lea_crighton_

p.s

If You Can
envision it,
You Can
manifest it!

@miss_mar_yum

P.S

GDWELL
on the
BEAUTY
of Life

@tania_mosea_lady_tatiana

P.S

== THE ==
UNIVERSE
has your back,
ALWAYS

..... AND
in all ways

@rakhibhojwanisa

PS



KEEP AN OPEN MIND...

→ OPEN TO ←

words of wisdom,

FLIGHTS OF FANCY,

and messages that

→ MOVE THE SOUL ←



@meeganrourke

P.S



The Next Chapter is
About to Start

@lenisebuchner

P.S

Find Peace
and
Everything
Will Fall into Place

@mphotshukudu_

P.S

A GROWTH MINDSET IS THE MOST



attractive quality

@hajra_m_

P.S

TAKE CARE
TAKE CARE
TAKE CARE
TAKE CARE
TAKE CARE
TAKE CARE
TAKE CARE
TAKE CARE

@waseem_akoon

PS

JUMPING
YOU ARE WORTH
DEEPER FOR

@nabeelahhajat

P.S

THE REAL
Glow Up
IS
Internal

@andisiwe_sopapaza

P.S



**YOU HAVE
THE POWER
TO TURN UP
THE VOLUME
ON THE
LIFE THAT
MAKES YOU
SING!**

@shannontollman

P.S

you
were
born
to be
real,
not
perfect

@miss_mar_yum

P.S

AWAKEN
Your
MIND & SOUL
by
WRITING A NEW PAGE
of
YOUR STORY

@nthabisengc

P.S

Face the Facts:

You
are
Blessed
and Highly
Favoured

@skylarstella

p.s

LIFE IS SHORT,
WEAR THAT OUTFIT



@sphe__m



p.s.



LET DEAD LEAVES FALL

@sphesihlemayimbela

P.S

Make
the rest
of your life
the best
of your life

@hlatse_thegreat

P.S

**LOOK.
write.
listen.
REPEAT.**

@deliciamoraleda

P.S



BE
THE **BEST** VERSION
OF **YOURSELF**

andisiwe_sopapaza

P.S



HOLD ME

LIKE YOU

HOLD A BOOK

YOU ARE

INTRIGUED BY

@hajra_m_

P.S

**Don't
forget *Your***



@jessicabekker

P.S

LET'S LAUGH

IN THE PLACES


WE'VE CRIED

#REWRITEYOURSTORY

@zakkiyahhajat

P.S

YOU
ARE THE
AUTHOR
OF YOUR
DESTINY

A stylized illustration of a quill pen with a blue feather, resting in a small, dark blue inkwell. The quill is positioned to the right of the word 'AUTHOR' and above the word 'YOUR'.

@skylarstella

P.S

THE
TRUTH
WILL SET
YOU
FREE

@nikiwe.nikki

p.s

GO
THE
EXTRA
MILE.

IT'S NEVER CROWDED.

@miss_mar_yum

P.S

THE ONLY
IMPOSSIBLE ~
JOURNEY
IS THE ONE
YOU NEVER
BEGIN

@liezl_greyling85

P.S

Count Blessings
not
Calories


@welladr13

P.S


NOTHING HAPPENS
by
Coincidence

@lea_crighton_

P.S



The secret to life
is to take things easy,
none of us get out
of it alive anyway



@zakkiyahhajat

p.s

**FIND A
BALANCE
BETWEEN
STRENGTH
& SURRENDER**

@natashfracchiolla

P.S

**I
BELONG!**

@matlala.victoria677

P.S



Remember to
wear your mask

@bubbly_snowflake1829

P.S

YOU are
a Magical,
SHINE
LIGHT ON

wonderful
burning



@ferolee33

P.S

I'M NOT

PERFECT,

I'M ORIGINAL

@davidalexis

P.S



USE YOUR VOICE
AS AN INSTRUMENT
NOT A WEAPON

@skylarstella

P.S



@hajra_m_



p.s

GO FOR
Gold

@natashfracchiolla

P.S

YOU ARE
enough
JUST AS
you are

@tania_mosea_lady_tatiana

Acknowledgements

Leanne Crichton

for curation, production, co-ordination and proof setting.

Candice Burnett

for production and proof setting.

Natasha Fracchiolla

for concept, curation, writing and proof setting.

Lelani Orffer & Ashley Vieira

for the incredible designs.

Each P.S. writer who contributed –
you're awesome. Thank you for coming along for
the ride.

*Thank you to our followers for every like, comment
and share – your support is everything, we see you!*

P.S.

Natasha Fracchiolla,
our Chief Joy Seeker, thank you for reminding
us not to take life too seriously and that Joy
really is the end goal, always.

Xx

THANK YOU

PS

THE LITTLE BOOK OF POSTSCRIPTS

